



# ***Medi-Cal Provider Handbook***

*CalViva Health is a licensed health plan in California that provides services to Medi-Cal enrollees in Fresno, Kings and Madera counties. CalViva Health contracts with Health Net Community Solutions, Inc. to provide and arrange for network services. Health Net Community Solutions, Inc. is a subsidiary of Health Net, Inc. and Centene Corporation. Health Net is a registered service mark of Health Net, Inc. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.*

## **I. OVERVIEW OF COVERED SERVICES**

On January 1, 2014, DHCS expanded the array of Medi-Cal mental health services available to Medi-Cal beneficiaries. As Health Net’s behavioral health subsidiary, MHN began to administer the following mental health benefits to beneficiaries with mild to moderate impairment of mental, emotional, or behavioral functioning:

- Individual/group mental health evaluation and treatment (psychotherapy)
- Psychological testing when clinically indicated to evaluate a mental health condition
- Outpatient services for the purpose of monitoring drug therapy
- Psychiatric consultation for medication evaluation and management

On September 30, 2014, DHCS included Behavioral Health Treatment (BHT) as a Medi-Cal covered benefit for members under 21 years of age when medically necessary, based upon recommendation of a licensed physician or licensed psychologist after a diagnosis of Autism Spectrum Disorder (ASD). In 2016, the management of such services transitioned from the Department of Developmental services (DDS) Regional Centers (RCs) to managed care plans, such as Health Net and CalViva Health. On July 1, 2018, DHCS will transition the provision of medically necessary BHT services for eligible members under 21 years of age without an ASD diagnosis from the RCs to managed care plans. Accordingly, effective July 1, 2018, managed care plans are responsible for providing medically necessary BHT services for all eligible members, even without a diagnosis of ASD. MHN is administering the above benefits in the following twelve counties\*:

<i>Fresno</i>	<i>Kern</i>	<i>Kings</i>	<i>Stanislaus</i>	<i>San Bernardino</i>	<i>Tulare</i>
<i>Los Angeles</i>	<i>Madera</i>	<i>Riverside</i>	<i>Sacramento</i>	<i>San Diego</i>	<i>San Joaquin</i>

*\*MHN administers the mental health benefits for most of Health Net’s Medi-Cal enrollees in all of the counties listed above except for Fresno, Kings, Madera, Riverside, and San Bernardino. In Fresno, Kings, and Madera, MHN is a downstream subcontractor to CalViva Health. In Riverside and San Bernardino, MHN is a downstream subcontractor to Molina Healthcare.*

## **II. COORDINATION WITH COUNTY MENTAL HEALTH DEPARTMENTS**

Medi-Cal beneficiaries with significant impairment resulting from a mental health disorder and/or who qualify for Specialty Mental Health Services will continue to be treated through each county’s mental health department. MHN participating providers are expected to refer

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beneficiaries with such disorders to their county mental health department. In addition, when a beneficiary has a significant mental health impairment, but the diagnosis is uncertain, they should also refer to the county mental health department for further assessment.

The following is a listing of contact information for each county:

**County Mental Health Departments:**

Fresno County DBH	<a href="http://www.co.fresno.ca.us">www.co.fresno.ca.us</a>	(559) 600-9180
Kern County DMH	<a href="http://www.co.kern.ca.us">www.co.kern.ca.us</a>	(661) 868-8000
Kings County DBH	<a href="http://www.kcbh.org">www.kcbh.org</a>	(800) 655-2553
Madera County BH Svcs.	<a href="http://www.madera-county.com">www.madera-county.com</a>	(559) 675-7850
LA County DMH	<a href="http://dmh.lacounty.gov/wps/portal/dmh">http://dmh.lacounty.gov/wps/portal/dmh</a>	(800) 854-7771
Riverside County DMH	<a href="https://www.rcdmh.org">https://www.rcdmh.org</a>	(800) 706-7500
Sacramento County DMH	<a href="http://www.dhhs.saccounty.net">www.dhhs.saccounty.net</a>	(888) 881-4881
San Bernardino DBH	<a href="http://www.sbcounty.gov">www.sbcounty.gov</a>	(888) 743-1478
San Diego County DMH	<a href="http://www.sdcounty.ca.gov">www.sdcounty.ca.gov</a>	(888) 724-7240
San Joaquin County DMH	<a href="http://www.sjgov.org">www.sjgov.org</a>	(209) 468-9370
Stanislaus County DMH	<a href="http://www.co.stanislaus.ca.us">www.co.stanislaus.ca.us</a>	(888) 376-6246
Tulare County HHSA	<a href="http://www.tchhsa.org">www.tchhsa.org</a>	(559) 636-4000

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**III. WORKING WITH MHN:**

a) Clinical assistance:

If you need clinical assistance in determining whether your patient meets mild to moderate criteria, you can contact MHN at the number on the back of the patient’s insurance card. An MHN clinician will assist you with this determination and/or with a referral to your county mental health department.

If you need assistance with BHT coverage, you contact MHN at the number on the back of the patient’s insurance card and ask to speak with a Care Manager in MHN’s Autism Center.

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b) Administrative processes:

The Medi-Cal benefits administered by MHN are handled via the same basic processes applied to our Commercial plans. For example, there is no-preauthorization requirement for initial assessment or for outpatient services (other than for psychological testing), and the only paperwork for required for reimbursement is standard claims submission. Please see MHN's Provider Manual at [www.mhn.com](http://www.mhn.com) for a full description of our administrative processes such as pre-authorization, claims payment, submission of grievances and appeals, and quality improvement.

Please also be sure to refer to the Medi-Cal Addendum of your provider Agreement for any specific contractual responsibilities under the Medi-Cal Program.

BHT, on the other hand must be preauthorized. Please contact MHN at the number on the back of the patient's insurance card and ask to speak with a Care Manager in MHN's Autism Center for details regarding authorization.

#### **IV. NETWORK REQUIREMENTS:**

For mild to moderate mental health treatment, eligible practitioners include Psychiatrists, Clinical Psychologists, Licensed Clinical Social Workers, Marriage and Family Therapists, and Clinical Nurse Specialists. *MFT and LCS interns are eligible for participation.*

Credentials are verified upon initial application to the network and every three years, as required by MHN's regulatory and accrediting agencies.

#### **All physicians must meet the following selection criteria:**

- Physicians with proof of either board certification in psychiatry or completion of a residency in psychiatry approved by the American Council on Graduate Medical Education.
- Current unrestricted medical license in California.
- Professional liability insurance coverage in the amount of \$1 million per occurrence/\$3 million aggregate.
- Current controlled substances registration (DEA certificate) in California.
- Current resume or curriculum vitae that details five years of relevant work history and clinical training (Work absences of six months or more must be explained by the applicant).

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- Foreign medical school graduates must submit ECFMG certification or evidence that they have taken the FLEX examination or are ABMS Board Certified to demonstrate proficiency in the English language. This requirement is waived for those graduates of foreign medical schools where instruction is conducted in English.
- All physician practitioners must hold a valid National Provider Identifier (NPI) number.
- Physician must be in good standing in Medi-Cal programs, and not hold any exclusions from Federal Healthcare Programs.

**All non-physician practitioners must meet the following selection criteria:**

- All individual practitioners must hold at least a Masters degree from a professional school, and must have education and training commensurate with state requirements for the license held.
- Current, unrestricted license to practice independently in California.
- Professional liability insurance in the amount of \$1 million per occurrence/\$1 million in aggregate.
- Nurses who wish to be classified as having prescriptive authority must have a current controlled substances registration (DEA certificate) in California,
- Registered nurses, nurse practitioners and clinical nurse specialists must have a state license that has language or a designation related to a behavioral health specialty. If the state license does not have such language, or such language is not available, then a current ANCC Certification in any of the following certification areas will meet this criteria:
  - Clinical Specialist in Adult Psychiatric and Mental Health Nursing
  - Clinical Specialist in Child and Adolescent Psychiatric and Mental Health Nursing
  - Adult Psychiatric and Mental Health Nurse Practitioner
  - Family Psychiatric and Mental Health Nurse Practitioner
- Current resume or curriculum vitae that details five years of relevant work history and clinical training (Work absences of six months or more must be explained by the applicant).
- Practitioner must also hold a valid National Provider Identifier (NPI) number.

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- Practitioner must be in good standing in Medi-Cal programs, and not hold any exclusions from Federal Healthcare Programs.

For BHT treatment, Qualified Autism Service Providers must be certified by the Behavior Analyst Certification Board as a BCBA or BCBA-D.

Qualified Autism Service Professionals and Qualified Autism Service Paraprofessionals must meet the following criteria:

Qualified autism professional must be a behavioral service provider approved as a vendor by a California Regional Center to provide services as an Associate Behavior Analyst, Behavior Analyst, Behavior Management Assistant, Behavior Management Consultant, or Behavior Management Program as defined in Section 54342 of Title 17 of the California Code of Regulations.

Qualified autism professional must have training and experience in providing services for Pervasive Developmental Disorders or Autism pursuant to Division 4.5 (commencing with Section 4500) of the Welfare and Institutions Code or Title 14 (commencing with Section 95000) of the Government Code.

Qualified autism paraprofessional must have a High School Diploma or the equivalent and 500 hours of employment providing paraprofessional services which incorporates 30 hours of competency-based training designed by a certified behavior analyst, and has six months experience working with persons with developmental disabilities; or

Possesses an Associate's Degree in either a human, social, or educational services discipline, or a degree or certification related to behavior management, from an accredited community college or educational institution. At a minimum, the degree coursework must include 12 semester hours in psychology, education, social work, behavioral science, human development, or related fields and has six months experience working with persons with developmental disabilities.

Qualified autism paraprofessional must have completed a County, State, Federal and sex offender criminal background report for all locations the paraprofessional has resided or worked during the previous 7 years and this shall be completed prior to providing services to Enrollees. All background checks must have been completed within the past 12 months of the execution of the MHN Participating Provider Agreement unless the group has a contract with a company which performs on-going monitoring by the Department of Justice. In such cases, the background check does not need to be re-run to meet the 12 month requirement.

Paraprofessional must be free of any adverse findings that could negatively impact the services they are employed to provide under this Addendum T

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## **V. FREQUENTLY ASKED QUESTIONS**

### **GENERAL INFORMATION**

#### **Q1: What Medi-Cal services are administered by MHN?**

**A:** On January 1, 2014, MHN began administering the following services to Medi-Cal beneficiaries with mild to moderate impairment of mental, emotional, or behavioral functioning resulting from a mental health disorder as defined by the current DSM:

- Individual and group mental health evaluation and treatment (psychotherapy);
- Psychological testing, when clinically indicated to evaluate a mental health condition;
- Outpatient services for the purposes of monitoring drug therapy;
- Psychiatric consultation for medication evaluation and management

In 2016, the management of BHT services in the counties referenced above transitioned from the Department of Developmental services (DDS) Regional Centers (RCs) to MHN. Accordingly, effective July 1, 2018, managed care plans are responsible for providing medically necessary BHT services for all eligible members, even without a diagnosis of ASD.

#### **Q2: What services are handled through the County Mental Health Plans?**

**A:** The County Mental Health Plans are still responsible for treating children and adults who meet medical necessity criteria for Medi-Cal specialty mental health services. These include the following services:

##### Outpatient Services

- Mental Health services (assessments, plan development, therapy, rehabilitation and collateral)
- Medication Support
- Day Treatment Services and Day Rehabilitation
- Crisis Intervention and Crisis Stabilization
- Targeted Case Management
- Therapeutic Behavior Services

##### Residential Services

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- Adult Residential Treatment Services
- Crisis Residential Treatment Services

#### Inpatient Services

- Acute Psychiatric Inpatient Hospital Services
- Psychiatric Inpatient Hospital
- Professional Services
- Psychiatric Health Facility Services

#### **Q3: Which agency handles Substance Use Disorder (SUD) services?**

**A:** SUD benefits continue to be administered by the County Alcohol and Drug Programs under Drug Medi-Cal (DMC).

#### **ADMINISTRATIVE**

#### **Q4: How are beneficiaries referred to providers?**

**A:** Beneficiaries have been instructed to contact MHN for a referral to a participating provider. Once they are given names of providers, they are to contact the providers directly. Therefore in most cases, beneficiaries will be contacting you directly to schedule an appointment. Occasionally however, you may receive a call from MHN, since we actively assist those who are having difficulty securing an appointment.

For BHT services, MHN's Autism team assists with the placement of a member to an appropriate BHT group. If providers need assistance with a member or referral, they should call MHN and ask to speak with a care manager in MHN's Autism Team. They can assist with the referral process.

#### **Q5: Do I need an authorization from MHN to treat these beneficiaries?**

**A:** Authorizations are not needed for mild to moderate mental health assessment or outpatient treatment. BHT on the other hand, requires preauthorization.

#### **Q6: What rates will I be paid?**

**A:** Your contracted reimbursement for Medi-Cal covered services is stated on the rate page in your provider agreement. In some contract versions, your rate page will be titled, "Addendum M", and in others it will be titled, "Addendum M-2". Regardless of the contract version, your rate page will specifically indicate which rates apply to Medi-Cal business.

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**Q7: Are providers required to bill MHN or Medi-Cal for reimbursement of services rendered?**

A. MHN

**Q8: How am I required to bill for Covered Services?**

A: Providers are required to use current HCPCS or CPT codes for billing, and use a CMS 1500 for services rendered.

**Q9: Is there a benefit limit on the number of sessions?**

A: No. The number of visits for mental health services is not limited as long as medical necessity criteria is met.

**Q10: Historically, Medi-Cal has allowed interns to see enrollees. Is this allowed under MHN's administration of this benefit?**

A: Yes. Supervised interns can provide services to Medi-Cal enrollees under MHN's administration of mild to moderate mental health benefits. You should contact your applicable licensing board for details about interns rendering services under supervision.

**Q11: What methods can I use for billing?**

A: MHN accepts electronic as well as paper claims.

Electronic claims can be submitted through MD Online or Emdeon. Providers can sign up for free through a special offer from MD On-Line. You can view the offer at [www.mdonline.com/mdonline/index.asp?brand=mhn](http://www.mdonline.com/mdonline/index.asp?brand=mhn). If you need help regarding the MD On-Line website, please call their Help Desk at 888-499-5465.

Paper claims should be mailed to:

MHN

PO Box 14621

Lexington, KY 40512-4621

**Q12: Can I receive a remittance advice electronically?**

A. Yes.

**Q13: Do these beneficiaries have a co-pay?**

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No, there are no co-pays under this program.

**Q15: How will I know if someone has MHN coverage?**

Depending on the county in which the patient resides, the process for verifying eligibility can differ. The following are instructions for verifying eligibility in each county:

**Fresno** MHN is a downstream subcontractor to CalViva Health in Fresno County. Therefore, MHN members in Fresno hold cards that say “CalViva Health” You can call the number on the back of these cards, and you will be transferred to MHN who will verify eligibility

**Kings** MHN is a downstream subcontractor to CalViva Health in Kings County. Therefore, MHN members in Kings hold cards that say “CalViva Health” You can call the number on the back of these cards, and you will be transferred to MHN who will verify eligibility.

**Madera** MHN is a downstream subcontractor to CalViva Health in Madera County. Therefore, MHN members in Madera hold cards that say “CalViva Health” You can call the number on the back of these cards, and you will be transferred to MHN who will verify eligibility.

**Kern** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

**Los Angeles** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

**Riverside** Health Net is a downstream subcontractor to Molina Healthcare in Riverside County. Therefore, MHN members in Riverside County hold cards that say “Molina Healthcare”. You can call the number on the back of these cards, and you will transferred to MHN who will verify eligibility

**Sacramento** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

**San Bernardino** Health Net is a downstream subcontractor to Molina Healthcare in San Bernardino County. Therefore, MHN members in San Bernardino County hold cards that say “Molina Healthcare”. You can call the number on the back of these cards, and you will transferred to MHN who will verify eligibility

**San Diego** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

**San Joaquin** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

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**Stanislaus** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

**Tulare** MHN members will have a Health Net ID card. Call the 800 number on the back of the card.

If in doubt of where to call, you can always call Member and Provider Services at (888) 893-1569 TTY 711 for assistance.

**Q16: Who can I call for claims and benefit information?**

**A:** Please follow the instructions in Answer 15 above for obtaining claims, eligibility, benefit, and general information.

**CLINICAL:**

**Q17: What is the medical necessity criteria?**

**A:** For the benefits administered by MHN, medically necessary services are defined as “reasonable and necessary services to protect life, prevent significant illness or significant disability or to alleviate severe pain through the diagnosis and treatment of disease, illness, or injury”. These include services to:

- 1) Diagnose a mental health condition and determine a treatment plan;
- 2) Provide medically necessary treatment for mental health conditions that result in mild or moderate impairment; and,
- 3) Refer adults to the county mental health departments for specialty mental health services when a covered diagnosis results in significant impairment; or refer children to the county mental health departments for specialty mental health services when they meet the criteria for those services.

**Q18: Are there DSM conditions that are not covered?**

**A:** Yes. Conditions that the DSM identifies as relational problems (e.g. couples counseling, family counseling for relational problems) are not covered as part of the new benefits.

**Q19: If am unsure of whether my patient's needs fit into the "mild to moderate" category, where can I obtain assistance?**

**A:** If you need clinical assistance in determining whether your patient meets mild to moderate criteria, you can contact MHN at the number on the back of the patient’s insurance card. An MHN clinician will assist you with this determination and/or with a referral to your county mental health department.

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**Q20: If I am treating a patient whose symptoms are mild to moderate, is there an expectation to coordinate any care with the county mental health department?**

**A:** No. You will not need to coordinate any care with the county if the member does not require county specialty mental health services.

**Q21: If my patient's symptoms are mild to moderate but they later become severe or vice versa, does the administration responsibility change from MHN to the county or vice versa?**

**A:** Administrative responsibility may shift from MHN to the county and vice versa based on their current symptoms and level of acuity.

**Q22: Who can I contact if I determine that my patient meets criteria for specialty mental health services and needs to be referred to the county?**

**A:** If your patient is in need of specialty mental health services, you will need to contact your county mental health department directly. We have provided the contact information for each department below.

Fresno County DBH	<a href="http://www.co.fresno.ca.us">www.co.fresno.ca.us</a>	(559) 600-9180
Kings County DBH	<a href="http://www.kcbh.org">http://www.kcbh.org</a>	(800) 655-2553
Madera County BH Srvs.	<a href="http://www.madera-county.com">www.madera-county.com</a>	(559) 675-7850
Kern County DMH	<a href="http://www.co.kern.ca.us">www.co.kern.ca.us</a>	(661) 868-8000
LA County DMH 7771	<a href="http://dmh.lacounty.gov/wps/portal/dmh">http://dmh.lacounty.gov/wps/portal/dmh</a>	(800) 854-
Riverside County DMH	<a href="https://www.rcdmh.org">https://www.rcdmh.org</a>	(800) 706-7500
Sacramento County DMH	<a href="http://www.dhhs.saccounty.net">www.dhhs.saccounty.net</a>	(888) 881-4881
San Bernardino DBH	<a href="http://www.sbcounty.gov">www.sbcounty.gov</a>	(888) 743-1478
San Diego County DMH	<a href="http://www.sdcounty.ca.gov">www.sdcounty.ca.gov</a>	(888) 724-7240
San Joaquin County DMH	<a href="http://www.sjgov.org">www.sjgov.org</a>	(209) 468-9370
Stanislaus County DMH	<a href="http://www.co.stanislaus.ca.us">www.co.stanislaus.ca.us</a>	(888) 376-6246
Tulare County HHSA	<a href="http://www.tchhsa.org">www.tchhsa.org</a>	(559) 636-4000

## CONTACT INFORMATION AND STAYING INFORMED

**Q24: Who can I contact if I have additional questions?**

**A:** If you have additional questions, please email MHN Professional Relations at [Professional.Relations@mhn.com](mailto:Professional.Relations@mhn.com).

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**Q: How can I stay informed?**

**A:** MHN will keep providers apprised of additional detail related to these benefits by sending direct communications to providers and posting additional information in MHN’s Provider Newsroom on MHN’s provider portal

Additional information can also be found on the DHCS website on the MH and SUD Partners and Stakeholders Engagement Page at [www.dhcs.ca.gov](http://www.dhcs.ca.gov).

**VI. IMPORTANT CONTACT INFORMATION:**

**Eligibility, Benefits, Clinical Assistance and Referrals, and General Customer Service:** (800) 675-6110

(888) 893-1569 (CalViva Health)

**MHN Professional Relations:** Email: [Professional.Relations@mhn.com](mailto:Professional.Relations@mhn.com)

**Electronic Claims:**

MD On-Line: [www.mdon-line.com/mdonline/index.asp?brand=mhn](http://www.mdon-line.com/mdonline/index.asp?brand=mhn).

MD On-Line Help Desk: (888) 499-5465

**Paper claims:** MHN  
PO Box 14621  
Lexington, KY 40512-4621